


## RVA GIRLS TEAMS 2023-24 SEASON

 <b>REVOLUTION</b> <small>VOLLEYBALL ACADEMY</small>	10navy	11navy/ 12pink	12navy	13pink	14white/ 15white	13navy	14n/14p/ 15n/ 15p/16n/16p	18navy
Practices per week	2	2	2	2	2	2	2	2
Practice Length	1.5 hrs	1.5 hrs	1.5 hrs	1.5 hrs	1.5 hrs	2 hrs	2 hrs	2 hrs
Total Competition Dates	6	12	14	12	18	25	26	21
Length of Season	End of Nov- April	End of Nov- April	End of Nov- April	End of Nov- April	End of Nov-May	End of Nov- June	End of Nov- June	End of Nov- April
Athlete Performance (AP) Gold Package (unlimited Training Sessions \$550)	OPTIONAL at add'l cost	OPTIONAL at add'l cost	OPTIONAL at add'l cost	INCLUDED	INCLUDED	INCLUDED	INCLUDED	INCLUDED
Access to Team Conference/ Video Center	YES	YES	YES	YES	YES	YES	YES	YES
Position Breakouts/ Specialty Clinics	YES	YES	YES	YES	YES	YES	YES	YES
USAV National Qualifier or 3 Day Events	NO	NO	1	NO	OPTIONAL at add'l cost	2	3	2
AAU or USAV Nationals	NO	NO	OPTIONAL at add'l cost	NO	NO	YES	YES	YES
Recruiting Services	NO	NO	NO	NO	YES	YES	YES	YES
<b>COST</b> (includes Uniform Package)	\$900	\$1700	\$1900	\$2250	\$2600	\$3350	\$3450	\$3300